

CHOOSING WISELY INTERNATIONAL

FALL 2021 INTERNATIONAL ROUNDTABLE

November 3 & 4, 2021

10:00 A.M. to 12:00 P.M. Eastern Time

Register here: <https://choosingwiselycanada.zoom.us/meeting/register/tZwrce2vrzsiGdZBEF0JB1GTJTtmkDMsr7Lm>

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Pre-meeting Reading Materials

- 1** Cliff et al. **The Impact of Choosing Wisely Interventions on Low-Value Medical Services: A Systematic Review. The Milbank Quarterly 2021**
- 2** Pramesh et al. **Choosing Wisely for COVID-19: ten evidence-based recommendations for patients and physicians. Nat Med. 2021**

BMJ Choosing Wisely Series articles published to date:

- 1** Leis J et al. **Using antibiotics wisely for respiratory tract infection in the era of covid-19. BMJ 2020**
- 2** Hall H et al. **Do not routinely offer imaging for uncomplicated low back pain. BMJ 2021**
- 3** Soong C et al. **Advise non-pharmacological therapy as first line treatment for chronic insomnia. BMJ 2021**
- 4** Mehta N et al. **Reducing unnecessary red blood cell transfusion in hospitalised patients. BMJ 2021**
- 5** Friedman J N et al. **Avoid doing chest x rays in infants with typical bronchiolitis. BMJ 2021**

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Day 1

Nov 3 | 10 am–12:00 pm ET

10:00 AM–10:05 AM

WELCOME

Facilitated by Karen Born & Wendy Levinson

10:05 AM–10:35 AM

KEYNOTE PRESENTATION

What Works to Implement Choosing Wisely: A Review of Interventions and Effects of Health Insurance Design

Speaker: Betsy Cliff, Assistant Professor
University of Illinois Chicago School of Public Health

10:35 AM–11:00 AM

Q&A WITH KEYNOTE SPEAKER

Facilitated by Karen Born

11:00 AM–11:30 AM

PANEL PRESENTATION

Topic: Recovering from the Pandemic and Avoiding Low-Value Care

Speakers:

- Tijn Kool, senior researcher, Radboud University, Netherlands
- Stefán Hjörleifsson, Associate Professor, Department of Global Public Health and Primary Care, University of Bergen, Norway
- Wendy Levinson, Professor of Medicine, University of Toronto Chair, Choosing Wisely Canada

11:30 AM–12:00 PM

BREAKOUT GROUPS

Facilitated by Karen Born & Wendy Levinson

Day 2

Nov 4 | 10 am–12:00 pm ET

10:00 AM–10:05 AM

WELCOME

Facilitated by Karen Born & Wendy Levinson

10:05 AM–10:35 AM

KEYNOTE PRESENTATION

Virtual Care and Overuse
Speaker: Sacha Bhatia, Cardiologist and
Assistant Professor, University of Toronto

10:35 AM–11:00 AM

GROUP DISCUSSION ON KEYNOTE PRESENTATION

Facilitated by Karen Born

11:00 AM–11:30 AM

PANEL PRESENTATION

Topic: Cool Choosing Wisely Innovations

Speakers:

- Chris Moriates, Assistant Dean for Health Care Value, University of Texas Austin
- C S Pramesh, Oncologist and Director, Tata Memorial Hospital, India
- Sandra Vernerio, Chair, Choosing Wisely Italy (Slow Medicine)

11:30 AM–12:00 PM

PLENARY DISCUSSION and Q&A

Facilitated by Karen Born & Wendy Levinson

Speaker Bios

Betsy Cliff, PhD, works is an assistant professor in the division of Health Policy & Administration at the University of Illinois Chicago School of Public Health. She researches topics related to how incentives affect consumer behavior and spending in the medical system. Her studies have looked at low-value care, benefit design, provider prices, and price transparency initiatives. Currently, she is working on projects related to spending and utilization of medical services in high-deductible health plans, an evaluation of cost sharing Michigan's Medicaid program, and models of care to serve complex patients. She received her doctoral degree from the University of Michigan and has a master's degree in journalism from Columbia University.

Sacha Bhatia, MD, MBA, is the Executive Lead, Population Health and Value-based Health Systems, at Ontario Health. Previously, he was the FM Hill Chair in Health Systems Solutions, the Chief Medical Innovation Officer of Women's College Hospital (WCH), as well as the Division Head of Cardiology at WCH. A scientist at the Institute for Clinical Evaluative Sciences (IC/ES) and an Associate Professor at the University of Toronto, he has been published in international peer reviewed journals like the New England Journal of Medicine and JAMA Internal Medicine. In 2013, he founded the Institute for Health System Solutions and Virtual Care (WIHV) and served as its Director until 2019. Dr. Bhatia received his medical degree and MBA at McGill University and his internal medicine and cardiology training in Toronto.